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DABIGATRAN Are Lab Tests Needed?

Routine testing is not required during treatment with Dabigatran

However testing may be required in:

- Patients with moderate reduction of renal function
- The perioperative setting
- In the event of bleeding

Which tests are useful?

- Please give relevant clinical details and request a basic coagulation screen including TCT.
- APTT is only moderately sensitive and has a reduced responsiveness at higher doses. APTT of >80 seconds is associated with higher bleeding risk, however should not be used for monitoring.
- Thrombin clotting time (TCT) is very sensitive with linear dose response and is significantly raised even at therapeutic doses.
- INR testing is not useful

Result interpretation:

APTT & TCT normal.

APTT is normal or slightly prolonged and TCT abnormal

• APTT prolonged and TCT abnormal

Drug effect not present

Drug effect present but likely low level.

Drug effect present.

Other tests which can be helpful to guide treatment if bleeding suspected:

- Fibrinogen assay, useful to exclude DIC
- CBC including Platelet count.
- Creatinine

Which tests in the perioperative setting?

- In the perioperative setting if APTT and TCT normal, it is safe to proceed with surgery.
- **Note:** If renal function is normal, **48 hours** discontinuation of Dabigatran prior to surgery. If the renal function is impaired this should be extended to **4 days**.

For the future:

- Ecarin clotting time is sensitive with a dose response relationship but only suitable for research purposes at present.
- Dabigatran assay currently under evaluation.

References:

NZ Pharmac Guidelines for Testing and Perioperative Management of Dabigatran.

Australian Regulatory Authority TGA (Therapeutic Goods Administration) Safety Advisory on Dabigatran.

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